

Career Counselling. Themes and methods. Occupational cards

The occupational card sort method is described in *Career Counselling: Themes and methods* by Lisbeth Højdal. This book presents ideas for working with different kinds of counselling needs and the themes that may be associated with them.

You can order extra decks of occupational cards at www.saxo.com/dk.
Write ISBN number: 9788793412835 in the search field.
A free print-and-cut version of the occupational cards can also be downloaded from www.lisbethhoejdal.dk/downloads.

Instructions

1. The counselee sorts out the cards in three piles; a 'Yes' pile (jobs the counselee would consider accepting), a 'No' pile (jobs they would not consider accepting) and an 'Undecided' pile.
2. Pick a few cards from one of the piles and ask the counselee to describe why they have placed them in this pile. Continue with jobs from the other piles and explore the counselee's ideas of the different jobs.
3. Summarise the most important statements from the counselee's stories and the factors they consider to be important for their choices, opt-outs and doubts.

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Archaeologist

Mechanic

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Baker

Bank clerk

Biochemist

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Biologist

Firefighter

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Designer

Electrician

Estate Agent

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Receptionist

Cleaner

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Accountant

Secretary

Deck-hand

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Tailor

Blacksmith

Social worker

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Stewardess

Nurse

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Interpreter

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Counsellor

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Toolmaker

Plumber

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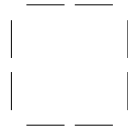
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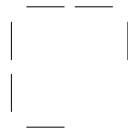
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